

breakfast menu

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fruit smoothies

- the hawaiian ● pineapple, bananas and orange juice
- mint refresher ● honeydew melon, lemon yogurt, frozen grapes, and lemon juice
- honeydew lemon heaven ● cantaloupe, lemon sorbet, orange juice, and lemon juice
- berry madness ● mixed berries, bananas, and mango juice
- orange soother ● bananas, dates, avocado and orange juice
- the ultimate ● orange juice, mangos, fresh blueberries, bananas, flax seed, honey and maple syrup
- tofu treat ● bananas, tofu and cranberry juice
- the bomb ● raspberries, bananas, soy milk, plain yogurt and crushed ice

espresso/cappuccino bar

*includes a professional barista (attendant), commercial-grade equipment, all beverage ingredients & condiments*

100% Arabica coffee, fresh milk, real whipped cream, chocolate, distilled water source, white sugar  
sugar-in-the-raw, sweetener, sweetened cocoa sprinkles & cinnamon sprinkles

*menu includes:* Cappuccino, Café Latté, Espresso, Café Americano, Espresso Con Panna, Espresso  
and a selection of teas (Black, Green & Herbal) ~ decaf / lactose-free milk always available.



the burnham

assortment of croissants to include:  
butter, almond, & chocolate  
fruit display brimming with fresh seasonal delights

the stensson

freshly baked scones  
served with our selection of homemade jams  
fresh fruit skewers

the culloden

assorted home-baked muffins to include:  
mixed berry, apple-cinnamon, & raisin-bran  
freshly whipped fruit smoothies

the dennington

cinnamon french toast with pure maple syrup  
farmer sausages  
citrus fruit salad sprinkled with brown sugar & orange zest

the york

hot oatmeal served with cream & brown sugar  
selection of toasted bread, served with our homemade jams  
breakfast trifle: 6 layers of vanilla yoghurt, granola, diced fruit

the graydon

individual cheesy breakfast bread & butter puddings  
assorted fresh fruit skewers  
selection of fruit yogurt

the colchester

assorted croissant sandwiches to include:  
crispy bacon with egg and lox with whipped cream-cheese  
breakfast breads to include your choice of: lemon loaf, banana loaf, or pumpkin loaf  
assorted fresh fruit skewers

